



Anxiety, Depression and Stress in Pregnancy: Effects of Women

Guest Editors:

Prof. Mariola Bidzan

mariola.bidzan@ug.edu.pl

Dr. Łucja Bieleninik

lubi@norceresearch.no

Dr. Karolina Lutkiewicz

karolina.lutkiewicz@ug.edu.pl

Deadline for manuscript
submissions:

31 July 2021

Message from the Guest Editors

Dear Colleagues,

Pregnancy is a time of very dynamic change to a woman's body function and mental well-being. This period is often portrayed as a time of great joy and happiness; however, this is not the case for all women. Some women are vulnerable to stress, a high level of anxiety and/or depression during pregnancy and in the postnatal period. Risk factors, including a high-risk pregnancy and pregnancy complications, e.g., biological, psychological or socio-cultural, can increase the symptoms of depression or anxiety and have adverse impacts on maternal and child outcomes.

For this Special Issue of *IJERPH*, this will focus on the difficulties and issues related to health and illness across pregnancy as well as in the post-delivery period. We cordially invite authors to submit original research, case studies and review articles that address major gaps in the existing body of research or provide an in-depth analysis of the present state of knowledge. Both qualitative and quantitative studies and reviews will be considered.

Prof. Mariola Bidzan

Dr. Łucja Bieleninik

Dr. Karolina Lutkiewicz

Guest Editors





International Journal of *Environmental Research and Public Health*

IMPACT
FACTOR
2.849

an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

Department of Biology, College of Science, Engineering and Technology, Jackson State University, 1400 Lynch Street, Box 18750, Jackson, MS 39217, USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

Author Benefits

Open Access:—free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed by the Science Citation Index Expanded (Web of Science), Social Sciences Citation Index (Web of Science), MEDLINE (PubMed), Scopus (Elsevier) and other databases. Full-text available in PubMed Central.

Rapid Publication: manuscripts are peer-reviewed and a first decision provided to authors approximately 17.4 days after submission; acceptance to publication is undertaken in 2.9 days (median values for papers published in this journal in the second half of 2020).

Contact Us

*International Journal of
Environmental Research and Public
Health*

MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
Fax: +41 61 302 89 18
www.mdpi.com

mdpi.com/journal/ijerph
ijerph@mdpi.com
[@IJERPH_MDPI](https://twitter.com/IJERPH_MDPI)