



GAMUT – The Grieg Academy Music Therapy Research Centre
Annual report 2021



Photo: Viggo Krüger

www.gamut.no

Annual report 2021

GAMUT – The Grieg Academy Music Therapy Research Centre,
University of Bergen and NORCE Norwegian Research Centre AS

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All photos: private

Statement from GAMUT's steering committee

The steering committee endorses this annual report as an accurate description of the activities of the twin center GAMUT in 2021. We acknowledge GAMUT's capacity to develop innovative and relevant research, as exemplified in 2021 by:

- Care for Music - an ethnography of music in late life and end of life settings. This is an international research project driven by the Universities of Exeter (UK) and Bergen, including care homes and hospices. The project is funded by the UK Arts and Humanities Research Council (AHRC).
- The international Music for Autism project (M4A), funded by Kavlifondet, a project that investigates the effectiveness and mechanisms of music interventions for children with autism diagnosis.
- Music, Health and Policy, Child-focused and music therapy-based health research to meet European challenges for migrant minors – a qualitative field study funded by UiB's Global challenges.

The steering committee would like to highlight GAMUT's ability to build national and international networks for research and service development.

In the autumn of 2021, the external members of the steering committee were honorably dismissed. During 2022 a new steering committee will be in place, as well as a new twin center contract between UiB and NORCE. The steering committee recognizes the need to secure the organizational framework around GAMUT by expanding the role of GAMUT's leadership, in the context of a reciprocal collaboration between UiB and NORCE.

We would like to use this opportunity to thank the external members of the steering committee, Geir Lien and Torbjørn Wilhelmsen for their contributions and great effort in supporting GAMUT.

We would also like to thank the members of our scientific advisory committee (SAC), Tia DeNora, Lars Lien, Katrina McFerran and Peter Tyrer. We are very grateful for their support and knowledge.

Frode Thorsen,

Ingrid Helgøy,

Randi Rolvsjord,

John Harald Kaspersen

Lars Tuastad.

Bergen, May, 2022

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Introductory Reflections

GAMUT developments in 2021

Due to the ongoing Covid-pandemic, 2021 was a challenging year for all staff, and not at least for our students. Nevertheless, developments in GAMUT demonstrate that our research community continues being a productive and network building community.

Our research project activity continues to grow and develop. For example, both the MIDDEL and M4A projects are now in an active implementation phase, and despite some difficulties due to Covid, the projects are now gathering data as planned.

I would also like to highlight that POLYFON has moved from being a temporary project to a stable UiB structure with many new and relevant partners. This development contributes to GAMUT's activity in many ways, not at least the many student projects made possible by POLYFON "Sommerstipend". For some students, such projects are the first step towards a career as a researcher.

It is crucial to create a working environment where PhD candidates can learn and develop their research in close collaboration with senior researchers and other staff at GAMUT. For that reason, we have chosen to continue our internal research forums where staff members can present and receive feedback on their work.

During 2021, six PhD candidates had their work connected to GAMUT: Guro Parr Klyve (UiB), Frode Aass Kristiansen (UiB), Kaja Elise Enge (externally funded by Volda University College), Ole Kristian Einarsen (UiB/GSU), Tora Söderström Gaden (NORCE) and Marianna Ruiz Loria (NORCE).

In the future, GAMUT will continue to support PhD candidates who envision to have their projects connected to our center.

I would also like to congratulate Claire Ghetti and Wolfgang Schmid with their promotion to professors during 2021.

Viggo Krüger



Photo: Siri Helena Halvorsen, UiB

Part 1: General Information about GAMUT

Background

GAMUT – The Grieg Academy Music Therapy Research Centre was created in Unifob in 2006, when music therapy was established as a discipline at the University of Bergen (UiB). In 2014, GAMUT was transformed into a twin centre, regulated by a collaboration agreement between UiB and Uni Research. October 1st 2018, Uni Research became part of NORCE Norwegian Research Centre AS.

Goals

Since the beginning, the following three objectives have been defined for the centre:

- To develop a Norwegian research centre of music therapy with a high international profile.
- To secure adequate development of music therapy as a university discipline.
- To produce societally relevant knowledge about music, health, and wellbeing.

Areas of Activity

GAMUT investigates relationships between music and health, in clinical and community settings. Results are published in peer reviewed journals and in monographs/anthologies.

In addition to research activities, the centre is also engaged in supervision, continuing education, service development, and dissemination of knowledge to stakeholders and the general public.

GAMUT is also the publisher of two international music therapy journals: *Voices: A World Forum for Music Therapy* (Open Access) and *Nordic Journal of Music Therapy* (published with Routledge).

Activities are funded internally (by UiB or through usage of strategic “basic funding” in NORCE) and externally. Externally funded activities are organized by either UiB or NORCE.

Strategies

The centre values diversity in research, which involves nurturing local practice-oriented projects as well as large international studies. Main strategies for further development of GAMUT are:

- Inclusion of master students and PhD students in the activities of the centre
- Close collaboration between the music therapy researchers in UiB and NORCE
- Interdisciplinary collaboration with other faculties and research milieus in the region
- Collaboration with service delivery agencies (municipalities and hospitals) of the region
- Collaboration within national and international networks.

Collaborations

Eight employees at UiB and four at NORCE were connected to GAMUT in 2021, in permanent full time or minimum half time positions. Given that UiB employees usually have 46 % of their positions designated for research while NORCE employees use all of their time to research, the two partners are comparable in size and activity. In addition, eleven scholars were connected to the centre in smaller part time positions. Six PhD students – three funded by UiB, two by NORCE and one externally funded – were also connected to GAMUT.

See also the appendices, as well as GAMUT’s website: www.gamut.no

Both GAMUT and the knowledge cluster POLYFON are active on Facebook. For more information about the activities in POLYFON Knowledge Cluster for Music Therapy, see also the bulletin “POLYFON-nytt” published on the cluster’s website: <https://gamut.w.uib.no/polyfon/>

Part 2: Organization and Conditions

Organization

GAMUT is organized as a twin centre, with NORCE and the University of Bergen as owners. The centre is connected to the Grieg Academy / Faculty of Fine Art, Music and Design in the University of Bergen and the Health & Social Sciences research department in NORCE. The two parties seek to develop a strategic alliance that can nurture GAMUT's development as an internationally oriented research centre of high quality.

Steering Committee

Chair:	Frode Thorsen (Dean of the Faculty of Fine Art, Music, and Design, UiB)
Vice chair:	Jon Harald Kaspersen (Executive Vice President of Health & Social Sciences, NORCE)
Members:	Ingrid Helgøy (Deputy Executive Vice President of Health & Social Sciences, NORCE) Randi Rolvsjord (Head of Department, the Grieg Academy, UiB) Geir Lien (external member, Senior Advisor, Division of Psychiatry, Bergen Health Authority)* Torbjørn Wilhelmsen (external member, MD, Wikos Strategic Relationship Management) Lars Tuastad (scientific representative from GAMUT)* (From autumn 21 the external members were dismissed from the steering committee)

*Both external steering committee members were honourably dismissed during the fall of 2022. The steering committee at the beginning of 2022 comprises of only internal representatives of UiB and NORCE until a new GAMUT-agreement and new steering group is in place.

Leadership and Administrator Roles in GAMUT 2021

Head of Research	Viggo Krüger
Assistant Leader	Claire Ghetti
Editor <i>NJMT</i>	Joke Bradt (Editor-in-Chief)
Editors <i>Voices</i>	Claire Ghetti and Sue Hadley
Managing Editor <i>NJMT</i>	Monika Geretsegger
Assistant Editors <i>NJMT</i>	Maren Metell and Harald Lexander
Managing Editor <i>Voices</i>	Marie Ljones
Leader of POLYFON	Brynjulf Stige
Administrator POLYFON	Liv Gunnhild Qvale (Harald Lexander - substitute)

Scientific Advisory Committee

The Scientific Advisory Committee, existing of four external committee members, was honourably dismissed during 2021, and the following members were active in the committee:

- Tia DeNora: Professor in Music Sociology, University of Exeter, UK
- Lars Lien: Leader of the Norwegian National Advisory Unit on Concurrent Substance Abuse and Mental Health Disorders
- Katrina McFerran: Professor of Music Therapy, University of Melbourne, Australia
- Peter Tyrer: Professor of Community Psychiatry, Imperial College, London.

Funding of Activities

The externally funded activity is in balance, see Appendix 1. In addition to externally funded research activity, the University of Bergen also funds research internally through the positions linked to the Integrated Master's

Program in music therapy. In 2021 these internal resources for research included 46 % of 8 university positions + 3 PhD scholarships.

Relationships of Collaboration

GAMUT researchers work with interdisciplinary collaboration within UiB and NORCE, and they work within national and international networks.

International collaborating institutions include:

- Aalborg University, Denmark
- Anglia Ruskin University, UK
- Ankara Haci Bayram Veli University, Turkey
- ArtEZ University of the Arts, Netherlands
- Carl von Ossietzky University Oldenburg, Germany
- Chinese Academy of Sciences, Beijing, China
- Drexel University, Philadelphia, PA, USA
- Goldsmiths, University of London, UK
- Hospital Fernández, Buenos Aires, Argentina
- Hospital Universitario Fundación Santa Fe de Bogotá, Colombia
- Imperial College of Science Technology and Medicine, London, UK
- Institute of Psychology, University of Gdańsk, Poland
- Karol Szymanowski Academy of Music in Katowice, Poland
- King's College London, UK
- Medical University Innsbruck, Austria
- Meir Medical Center, Tel Aviv University, Israel
- Nordic Network for Gender, Body, Health
- Nordoff Robbins, London, UK
- School of Creative Art Therapy, University of Haifa, Israel
- SONO – Centro de Musicoterapia, Bogotá, Colombia
- Szpital Miejski w Rudzie Śląskiej Sp. Z o.o, Ruda Śląska, Poland
- Tallinn University, Estonia
- Universidad de Ciencias Empresariales y Sociales, Buenos Aires, Argentina
- University Medical Center Groningen, the Netherlands
- University of Applied Sciences Würzburg-Schweinfurt, Germany
- University of the Arts Berlin, Germany
- University of Bologna, Italy
- University of Catania, Italy
- University of Exeter, UK
- University of Haifa, Israel
- University of Jyväskylä, Finland
- University of Melbourne, Australia
- University of Naples Federico II, Italy
- University of Nottingham, UK
- University of Pavia, Italy
- University of Porto, Portugal
- University of Roehampton, UK
- University of Sunderland, UK
- University of Toronto, Canada
- University of Verona, Italy
- University of West England, UK

GAMUT is also part of the International Consortium of Eight Music Therapy Research Universities, with the following collaborators:

- Aalborg University, Denmark.
- Anglia Ruskin University, Cambridge, UK
- Katholieke Universiteit, Leuven, Belgium
- The Norwegian Academy of Music, Oslo, Norway
- Temple University, Philadelphia, USA
- University of Jyväskylä, Finland
- University of Melbourne (National Music Therapy Research Unit/NaMTRU), Australia.

In addition, there are strong international networks connected to the two peer-reviewed journals that GAMUT publishes: *Nordic Journal of Music Therapy* and *Voices: A World Forum for Music Therapy*.

Part 3: Scholarly Activity

Grant Applications in 2021

The following project application was submitted in 2021 but did not get funded:

Project title: VOICES - A World Forum for Music Therapy - 2022-2024

Period: 2022-2024

Funding: Norsk kulturfond – Kulturrådet

Amount applied for: NOK 1 167 000

Description: Funding for journal administration and editorial work linked to VOICES.

GAMUT Research Projects in 2021

Projects are listed alphabetically after project title.

ALMUTH (Alzheimer's and Music Therapy): Effects of music lessons on brain plasticity, mood, and quality of life in Alzheimer patients

Period: 2017-2022

Funding: Research Council of Norway

Researchers: Birthe Kristin Flo, Ulvhild Helena Færøvik, Sebastian Jentschke, Stefan Kölsch, Anna Maria Matziorinis, & Stavros Skouras (UiB, Faculty of Psychology); Christian Gold (NORCE, GAMUT); Harald Lexander & Brynjulf Stige (UiB, GAMUT)

PI: Stefan Kölsch (UiB)

Care for Music - an ethnography of music in late life and end of life settings

Period: 2019-2022 [extended from 2021 to 2022]

Funding: UK Arts & Humanities Research Council

Researchers: Gary Ansdell (Nordoff Robbins, London, UK/UiB, GAMUT); Tia DeNora (University of Exeter, UK/UiB, GAMUT); Randi Rolvsjord (UiB); Wolfgang Schmid (UiB, GAMUT)

PI: Tia DeNora (University of Exeter, UK/UiB, GAMUT)

Digitale verktøy – psykisk helse

Period: 2019-2021

Funding: Bergen kommune and UiB (through Læringslab contributing with personnel and working hours)

Project members 2019: Jon Andreas Brattberg (Bergen kommune, kommuneoverlege); Elisabeth Franzen (Bergen kommune, B-sykehuset); Nina Gulestøl (Bergen kommune, Etat for hjemmebaserte tjenester); Anna Helle-Valle (Bergen kommune/UiB, GAMUT); Kari Johnsen (UiB, Læringslab); Anita Krokeide (Bergen kommune, Kompetansesenter for demens); Linn Heidi Lunde (Helse Bergen, Avdeling for rusmedisin/UiB, Institutt for klinisk psykologi); Øystein Mongstad (Bergen kommune, Byrådsavdeling for eldre, helse og frivillighet); Anders Pedersen (KS Læring, Bergen kommune)

PI: Anna Helle-Valle (Bergen kommune/GAMUT, UiB)

DysfaSing - An evaluation of home-based music therapy as a preventative intervention for the development of dysphagia in early-stage of Huntington's Disease. A mixed-method pilot study (in preparation for PhD project)

Period: 2021-2022

Funding: POLYFON; NKS Olaviken

Project members: Geir Olve Skeie (Helse Bergen HF), Wolfgang Schmid (UiB), Sunniva Ulstein Kayser (NKS Olaviken) og Kia Minna Johanna Hynninen (NKS Olaviken)
Main supervisor: Wolfgang Schmid (UiB, GAMUT)

Longitudinal study of music therapy’s effectiveness for premature infants and their caregivers: International randomized trial (LongSTEP)

Period: 2018-2022
Funding: Research Council of Norway
Researchers: Jörg Aßmus, Łucja Bieleninik, Tora Söderström Gaden, & Christian Gold (NORCE, GAMUT); Claire Ghetti (UiB, GAMUT); Andreas Størksen Stordal (NORCE, Energi); Ingrid Kvestad (NORCE, RKBU Vest); Bente Vederhus (Haukeland University Hospital); Jo Dugstad Wake (NORCE, Technology)
PI: Christian Gold (NORCE, GAMUT) (2018) & Claire Ghetti (UiB, GAMUT) (2019-2022)

Music for Autism (M4A)

Period: 2022-2025
Funding: Kavlifondet
Researchers: Karsten Specht (UiB), Giorgia Silani (Universitetet i Wien)
PI: Christian Gold, Marianna Ruiz Loria (NORCE, GAMUT)

Music for Autism M4A (PhD project)

Period: 2022-2025
Funding: Kavlifondet
PhD student: Marianna Ruiz Loria (NORCE, GAMUT)
Co-supervisors: Karsten Specht (UiB)
Main supervisor: Christian Gold (NORCE; GAMUT)

Music, Health, and Policy – Access to unaccompanied refugee children’s voices and experience with music activities: a qualitative study (PhD project)

Period: 2020-2024
Funding: UiB, Globale samfunnsutfordringer
PhD student: Ole Kristian Einarsen (UiB, GAMUT)
Co-supervisors: Ingunn M.S. Engebretsen (Faculty of Medicine), Brynjulf Stige (GAMUT)
Main supervisor: Viggo Krüger (GAMUT)

Music Interventions for Dementia and Depression in Elderly care (MIDDEL): International multicentre cluster-randomised controlled trial

Period: 2017-2023
Funding: For the Australian part: funding granted by the National Health and Medical Research Council.
Funding for the European part: The EU Joint Programme – Neurodegenerative Disease Research (JPND)
Researchers: Felicity Baker, Claire Lee, Jeanette Tamplin, Tanara Vieira Sousa, Phoebe Stretton-Smith (University of Melbourne, Australia); Hanne Mette Ridder (Aalborg University, Denmark); Dorothea Muthesius (University of the Arts Berlin, Germany); Gunter Kreutz, Antje Timmer, Ulrike Frischen, Johanna Neuser (Carl von Ossietzky University Oldenburg, Germany); Jasmin Eickholt & Thomas Wosch (University of Applied Sciences Würzburg-Schweinfurt, Germany); Alfredo Raglio (University of Pavia, Italy); Enrico Ceccato & Mirella Ruggeri (University of Verona, Italy); Sytse Zuidema, Sarah Janus, Naomi Rasing (University Medical Center Groningen, Netherlands); Burçin Uçaner Çifdalöz (Ankara Hacı Bayram Veli University); Annemieke Vink, Yesim Saltik (ArtEZ University of the Arts, Netherlands); Helen Odell-Miller, Jodie Bloska (Anglia Ruskin University, UK); Martin Orrell, Justine Schneider, Joanne Ablewhite, Kate Horton (University of Nottingham, UK); Jörg Aßmus, Monika Geretsegger, Christian Gold, Brynjulf Stige (NORCE, GAMUT); Vigdis Sveinsdottir, Jo

PI: Dugstad Wake (NORCE). This list includes researchers who have contributed to the project either as official partners or in other roles.
Vigdís Sveinsdóttir (NORCE). For the Australian part: Felicity Baker (University of Melbourne, Australia)

Music therapy for autistic people: Cochrane Systematic Review

Period: 2020-2022
Funding: NORCE
Researchers: Monika Geretsegger, Christian Gold, Karin Mössler (NORCE, GAMUT); Laura Fusar-Poli (University of Catania, Italy); Cochavit Elefant (University of Haifa, Israel); Giovanni Vitale (University of Naples Federico II, Italy)
PI: Monika Geretsegger (NORCE, GAMUT)

Music therapy for people with substance use disorders: Cochrane Systematic Review

Period: 2017-2022
Funding: UiB
Researchers: Xi-Jing Chen (Chinese Academy of Sciences, China); Jörg Fachner (Anglia Ruskin University, UK); Claire Ghetti (UiB, GAMUT); Christian Gold (NORCE, GAMUT); Laurien Hakvoort (Artez University of the Arts, Netherlands); Lars Lien (Norwegian National Advisory Unit on Concurrent Substance Abuse and Mental Health Disorders)
PI: Claire Ghetti (UiB, GAMUT)

Music Therapy with Children in Specialised Mental Health Services (PhD project)

Period: Nov. 2016-Nov. 2022
Funding: UiB
PhD student: Guro Parr Klyve (UiB, GAMUT)
Co-supervisor: Irene Bircow Elgen (Helse Bergen)
Main supervisor: Randi Rolvsjord (UiB)

Musikkterapi i møte med uro og agitasjon hos personer med demens på forsterkede enheter i Bergen kommune (MUSIAGI)

Period: June 2019-June 2023
Funding: UiB
PhD student: Frode Aass Kristiansen (UiB, GAMUT)
Co-supervisor: Anna Helle-Valle (Bergen kommune/UiB, GAMUT)
Main supervisor: Brynjulf Stige (UiB, GAMUT)

POLYFON Knowledge Cluster for Music Therapy

Period: 2015-2020: as project and since 1. January 2022 as a national knowledge cluster for music therapy
Funding: GC Rieber Fondene, RCN and (in 2019) 17 partners.
Researchers: Most researchers in GAMUT, 3 researchers at RKBU (Regional Centre for Child and Youth Mental Health and Child Welfare), and researchers among the member institutions of the consortium.
PI: Brynjulf Stige (UiB, GAMUT)

A separate annual POLYFON report (in Norwegian) is available, see <http://gamut.no/polyfon/>

Social Acoustics: Sound, Embodiment, Community

Period: 2019-2022 [utvidet fra 2021 til 2022]
Funding: UiB/KMD
Researchers: Karin Mössler (NORCE, GAMUT); Simon Gilbertson & Wolfgang Schmid, (UiB, GAMUT); Karsten Specht & Kjell Morten Stormark (UiB, Psychology); Christine Jacobsen (UiB, SKOK); Rasmus Tore Slaattelid (UiB, SVT); 16 national and international partners

PIs: Jill Halstead (UiB, GAMUT) & Brandon LaBelle (UiB, Art)

Å videreutvikle forskning på bruk av musikkterapi for enslige mindreårige flyktninger.

Period: 2021-2021

Funding: UiB, Globale samfunnsutfordringer, Sårkornsmidler

Researchers: Marit Skivenes (Faculty of Social Sciences), Ingunn M.S. Engebretsen (Faculty of Medicine), Brynjulf Stige (GAMUT)

PI: Viggo Krüger (GAMUT)

The GAMUT Journals: NJMT and Voices

Nordic Journal of Music Therapy (NJMT)

NJMT was established in 1992, with Brynjulf Stige as the founding editor. Christian Gold took over as Editor-in-Chief in 2006, from 2015 sharing this role with Joke Bradt (USA). During 2019 Christian Gold withdrew from the role as editor. Joke Bradt has continued as Editor-in-Chief, in close cooperation with Monika Geretsegger as Managing Editor, Maren Metell and Harald Lexander as Assistant Editors, and a team of currently 8 Associated Editors (one of them responsible for Communications) from Universities in Australia, Denmark, Norway, UK, and USA. NJMT also has an advisory board of currently 19 scholars from around the world. The impact factor (IF) for 2020 is 1.255, with a 5-year IF (2020) of 1.545. Collaboration with Routledge (Taylor & Francis) was established in 2008 and enhances quality of production and efficacy of distribution. GAMUT owns the journal and maintains control over its development. NJMT has been active in organizing round tables in international congresses over the last few years, focusing on issues such as academic writing, peer-review processes, ethical issues etc. Financially the journal is based on subscriptions (managed by Routledge, which then gives GAMUT financial compensation). Funding has been stable and sufficient over the last few years.

Voices: A World Forum for Music Therapy

Voices was established in 2001, with Brynjulf Stige and Carolyn Kenny (USA) as the founding editors. The journal's current editors are Claire Ghetti and Sue Hadley (USA). Seventeen article editors from various continents and a large group of article reviewers from around the world work together with the two editors and the managing editor. *Voices* is one of a small number of Open Access journals in music therapy, and it has a unique profile in its interdisciplinary nature and vision focusing on music, health, and social change. Consequently, the journal seeks to develop dialogic and supportive review processes, so that voices from music therapy cultures with less resources or younger academic traditions can be heard in the continuing conversation about what music therapy could be in contemporary societies around the world. Like NJMT, *Voices* has been active in organizing roundtables in international congresses the last few years, often focusing on reflections and discussions of the visions of the journal, such as interdisciplinary dialogues, critique, and awareness of cultural differences and social injustice. The financial situation of the journal is challenging. The journal seeks to develop new strategies for funding, and NORCE as well as the University Library of UiB have been supportive in this process in 2021.

Publication and Communication

See Appendix 3 for lists of publications and presentations and other details.

Peer-reviewed articles

GAMUT researchers authored or co-authored 21 articles in international peer-reviewed journals in 2021.

Other articles

In 2020, GAMUT researchers also published 3 encyclopedia articles, 1 interview, 1 artistic and museum-related presentation, 2 reader opinion pieces and 1 editorial.

Books and book chapters

In 2021, GAMUT researchers published 1 peer-reviewed book chapter.

Congress presentations

In 2020, GAMUT researchers had 16 academic lectures, 2 lectures and 3 posters.

Status for peer-reviewed publications between 2015 and 2021

The following chart gives an overview over the yearly total for peer-reviewed articles, books/monographs and peer-reviewed book chapters between 2015 and 2021. The numbers for these three separate categories are added up, so one can compare all publication types that are peer-reviewed. Numbers for other articles and book categories (editorials, reader opinions, short communications, interviews, reports, popular scientific articles, academic literature reviews and non-peer reviewed book chapters, etc.) are not represented in this chart, but are a substantial contribution to GAMUTs publication numbers.

The total publication results for 2021 (22) are slightly lower compared to 2020 (24), the first year in the COVID-pandemic. There are less publications within the category of book-chapters and books compared to last year, yet the number for peer-reviewed articles is substantially higher compared to previous years and does present a very positive trend compared to previous years. Although the COVID-situation might have slightly affected publication results overall, the upgoing trend of publication activity compared to 2018 and 2019 seems to continue.

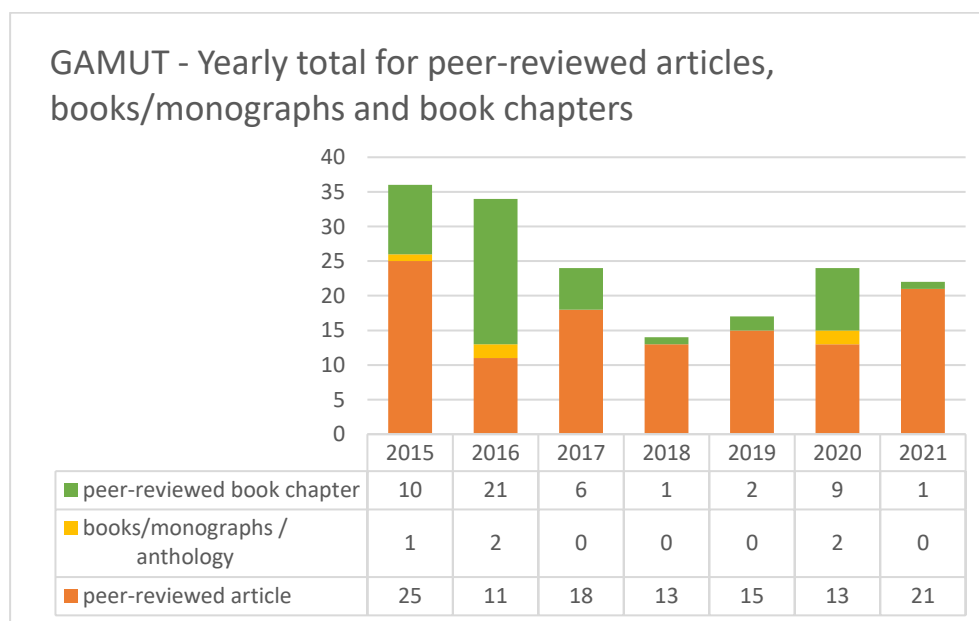


Chart 1: Yearly total for peer-reviewed publications

Supervision and Guest Researcher Visits

Three PhD positions were connected to GAMUT in 2021, with the main supervisors from UiB (Claire Ghetti, Randi Rolvsjord, Brynjulf Stige and Viggo Krüger). In 2021, GAMUT researchers employed in NORCE co-supervised two PhD project (Tora S. Gaden, Marianna Ruiz Lora). In addition, one external PhD student from Volda university College is linked to GAMUT (supervised by Brynjulf Stige).

A number of master students in music therapy at UiB take part in the research performed at GAMUT as research assistants, or through the summer research scholarships that POLYFON Knowledge Cluster for Music Therapy has enabled.

Compared to previous years, there were no long-term or short-term guest researcher visits to GAMUT in 2021. Unfortunately, the global pandemic put a halt to any possible guest researcher visits.

Seminars and Continuing Education Courses

Seminars and conferences

GAMUT has a tradition of organizing seminars for interdisciplinary dialogue and discussion. In 2021 GAMUT organized, co-organized or participated in the following seminars:

- 9. November 2021: *POLYFON-konferansen 2021 – Veier til praksis: Musikterapi og implementering*. Yearly POLYFON-conference. The 2021 conference was co-organised by Bergen commune, Etat for barn og familie and Etat for spesialpedagogiske tiltak. The conference took place at the Kronstad campus of the Western Norway University of Applied Sciences.
- 25. November 2021: Seminar Music, Health and Policy, the GSU (Global challenges) funded seminar took place at Hyssingen production school and was chaired by PhD candidate Ole Kristian Einarsen.

In addition, GAMUT also participated in the following workshops and seminars:

- 27.-28. Mai 2021: *Digitalt sangtekstverksted med Griegakademiet*. Free digital music workshop with music therapy students of the Grieg Academy, as part of Festsjellene i Bergen.
- 22.-23. September 2021: *Alrekdagene 2021, Alrek helseklynge*. GAMUT PhD candidates Frode Aas Kristiansen and Ole Kristian Einarsen presented their research at Alrekdagene, organized by Alrek helseklynge.

Continuing education courses

GAMUT launched two continuing education courses in 2020: MUTP640 and MUTP641. The courses are a direct result of the Erasmus+ STALWART project and were also offered in 2021. A total of 21 students completed such a continuing education course in 2020, and 12 started on the second round of MUTP640 in the fall of 2021.

The following continuing education course offer is currently provided by GAMUT-UiB:

MUTP640: [Musikk som verktøy i forebyggende arbeid med barn og unge, del 1: Innføring](#) (5 ECTS)

MUTP641: [Musikk som verktøy i forebyggende arbeid med barn og unge, del 2: Samarbeidsformer](#) (5 ECTS)

Appendix 1 – Accounting for Externally Funded Activity

Revenue (in NOK)		
<i>UiB</i>		
POLYFON balance brought forward to 2020		1 790 500
POLYFON participants' contributions 2020		1 747 401
POLYFON conference income (2017, 2018, 2019, 2020)		0
NORCE: LongSTEP		854 700
Grieg Academy: GAMUT leader		236 000
Grants to projects at the Grieg Academy*	GA small project funding	40 000
	UiB Globale samfunnsutfordringer	70 000
	KMD strategic research funding	144 989
	UiB funding (Meltzer)	138 310
POLYFON balance brought forward to 2021		-1 421 601
Total revenue UiB		3 600 299
<i>NORCE</i>		
Routledge (operating support - Royalty)		263 391
The Research Council of Norway**		8 385 511
University of Bergen, Faculty of Fine Art, Music and Design		585 000
University of Bergen, Faculty of Psychology		267 560
ERASMUS+		54 639
Imperial College, UK		80 775
University of Jyväskylä		29 900
University of Melbourne		168 330
Total revenue NORCE		9 835 106
Total revenue GAMUT		13 435 405
Expenses (in NOK)		
<i>Salaries, UiB***</i>		
Salary, social costs and overhead		2 576 000
<i>Research grants UiB</i>		
Grants to projects at the Grieg Academy*	GA small project funding	40 000
	UiB Globale samfunnsutfordringer	70 000
	KMD strategic research funding	144 989
	UiB funding (Meltzer)	138 310
<i>Sum research grants UiB</i>		393 299
<i>Operating costs UiB</i>		
POLYFON operating costs		631 000
<i>Sum operating costs UiB</i>		631 000
Total expenses UiB		3 600 299
<i>Salaries, NORCE</i>		
Salary, social costs and overhead		7 759 622
<i>Operating costs NORCE</i>		
Travelling expenses		140 965
Patient data		1 544 456
Sundry expenses		390 063
<i>Sum operating costs NORCE</i>		2 075 484
Total expenses NORCE		9 835 106
Total expenses GAMUT		13 435 405
Net income		/

To be updated before steering group meeting on 9 May 2022. Update with the UiB numbers follows.

* Grants smaller than 500.000: the whole grant is reported as income and expenses in the year granted. Grants bigger than 500.000: only income equivalent with the amount of expenses in the reporting year is reported.

** Included NORCE Health's Basic funding.

*** In addition to the externally funded activities, a substantial part of GAMUT's activity is secured by UiB's funding of the research time of the university positions in music therapy. Though GA's contribution to the GAMUT leader and adm. resource is included.

Appendix 2 – Affiliated Academic and Administrative Staff

- Gary Ansdell, Professor (part time), UiB
- Jörg Aßmus, Statistician (part time), NORCE
- Łucja Bieleninik, Researcher II (part time), NORCE
- Tia DeNora, Professor (part time), UiB
- Ole Kristian Einarsen, PhD student, UiB (Globale samfunnsutfordringer)
- Kaja Elise Åslid Enge, PhD student, UiB (funded by Volda University College), and Assistant professor (part time), UiB (second half of 2019)
- Tora Söderström Gaden, PhD student, NORCE
- Monika Geretsegger, Researcher II (part time), NORCE
- Claire Ghetti, Professor, UiB, and Assistant leader of GAMUT (UiB and NORCE)
- Simon Gilbertson, Associate professor, UiB
- Christian Gold, Researcher I, NORCE, and Professor, UiB
- Jill Halstead, Professor, UiB
- Guro Parr Klyve, PhD student, UiB
- Frode Aass Kristiansen, PhD student, UiB
- Viggo Krüger, Associate professor, UiB, and Head of GAMUT (UiB and NORCE)
- Harald Lexander, substitute for Liv G. Qvale at NORCE
- Marianna Ruiz Loria, PhD student, NORCE
- Maren Metell, Assistant professor (part time), UiB, and Researcher III (part time), NORCE
- Karin Mössler, Researcher II (part time), NORCE
- Liv Gunnhild Qvale, Higher Executive Officer (part time), NORCE
- Wolfgang Schmid, Professor, UiB
- Geir Olve Skeie, Professor (part time), UiB
- Brynjulf Stige, Professor, (leader of Polyfon), UiB
- Lars Tuastad, Associate professor, UiB



Frode Aas Kristiansen and Ole Kristian Einarsen at “Alrekdagene”. Photo: Viggo Krüger

Appendix 3 – Publications and Presentations

The list below is generated from Cristin (Current research information system in Norway). A distinction is made between Level 1 and Level 2 publications, and those are marked in brackets after each publication.

Journal publications

Peer-reviewed articles

Bauer, Sofia; Epstein, Shulamit; Bieleninik, Lucja; Yakobson, Dana; Elefant, Cochavit; Arnon, Shmuel.
Parental Attitudes toward Consent for Music Intervention Studies in Preterm Infants: A Cross-Sectional Study. *International Journal of Environmental Research and Public Health (IJERPH)* 2021; Volum 18. (15)
NORCE (1)

Bieleninik, Lucja; Ettenberger, Mark; Epstein, Shulamit; Elefant, Cochavit; Arnon, Shmuel.
Potential Psychological and Biological Mechanisms Underlying the Effectiveness of Neonatal Music Therapy during Kangaroo Mother Care for Preterm Infants and Their Parents. *International Journal of Environmental Research and Public Health (IJERPH)* 2021; Volume 18. (16)
NORCE (1)

Bieleninik, Lucja; Gold, Christian.
Estimating Components and Costs of Standard Care for Children with Autism Spectrum Disorder in Europe from a Large International Sample. *Brain Sciences* 2021; Volume 11. (3) p. 1-19
NORCE (1)

Bieleninik, Lucja; Lutkiewicz, Karolina; Cieślak, Mariusz; Preis-Orlikowska, Joanna; Bidzan, Mariola.
Associations of Maternal-Infant Bonding with Maternal Mental Health, Infant's Characteristics and Socio-Demographical Variables in the Early Postpartum Period: A Cross-Sectional Study. *International Journal of Environmental Research and Public Health (IJERPH)* 2021; Volume 18. (16)
NORCE (1)

Bieleninik, Lucja; Lutkiewicz, Karolina; Jurek, Pawel; Bidzan, Mariola.
Paternal Postpartum Bonding and Its Predictors in the Early Postpartum Period: Cross-Sectional Study in a Polish Cohort. *Frontiers in Psychology* 2021
NORCE (1)

Enge, Kaja Elise Åslid; Stige, Brynjulf.
Musical pathways to the peer community: A collective case study of refugee children's use of music therapy. *Nordic journal of music therapy* 2021 p. 7-24.
HVO UiB (1)

Erkkilä, Jaakko; Brabant, Olivier; Hartmann, Martin; Mavrolampados, Anastasios; Ala-Ruona, Esa; Snape, Nerdinga; Saarikallio, Suvi; Gold, Christian.
Music Therapy for Depression Enhanced With Listening Homework and Slow Paced Breathing: A Randomised Controlled Trial. *Frontiers in Psychology* 2021; Volume 12. p. 1-14
NORCE (1)

Espeland, Åsmund; Stige, Brynjulf.
Teaching repertoires and pedagogical improvisation in music teacher practices. *British Journal of Music Education* 2021; Volume 38. (3) p. 207-218
HVL UiB (1)

Ettenberger, Mark; Bieleninik, Lucja; Epstein, Shulamit; Elefant, Cochavit.
Defining Attachment and Bonding: Overlaps, Differences and Implications for Music Therapy Clinical Practice and Research in the Neonatal Intensive Care Unit (NICU). *International Journal of Environmental Research and*

Public Health (IJERPH) 2021; Volume 18. (4) p. 1-10
NORCE (1)

Gaden, Tora Söderström; Ghetti, Claire; Kvestad, Ingrid; Gold, Christian.

The LongSTEP approach: Theoretical framework and intervention protocol for using parent-driven infant-directed singing as resource-oriented music therapy. *Nordic journal of music therapy* 2021
UiB NORCE (1)

Ghetti, Claire; Vederhus, Bente Johanne; Gaden, Tora Söderström; Brenner, Annette; Bieleninik, Lucja; Kvestad, Ingrid; Assmus, Jörg; Gold, Christian.

Longitudinal Study of music Therapy's Effectiveness for Premature infants and their caregivers (LongSTEP): Feasibility study with a Norwegian cohort. *The Journal of music therapy* 2021; Volume 58. (2) p. 201-240
NORCE HAUKELAND UiB (2)

Gilbertson, Simon; Hebert, David Gabriel.

Music in a Concussive Monologue. *Voices: A World Forum for Music Therapy* 2021; Volume 21. (3)
UiB HVL (1)

MacDonald, Raymond; Burke, Robert; DeNora, Tia; Sappho Donohue, Maria; Birrell, Ross.

Our Virtual Tribe: Sustaining and Enhancing Community via Online Music Improvisation. *Frontiers in Psychology* 2021; Volume 11.
UiB

Pedersen, Inge Nygaard; Bonde, Lars Ole; Hannibal, Niels; Nielsen, Jimmi; Aagaard, Jørgen; Gold, Christian; Rye Bertelsen, Lars; Jensen, Silvia Beatriz; Nielsen, René E..

Music Therapy vs. Music Listening for Negative Symptoms in Schizophrenia: Randomized, Controlled, Assessor- and Patient-Blinded Trial. *Frontiers in Psychiatry* 2021; Volume 12.
NORCE (1)

Yakobson, Dana; Gold, Christian; Beck, Bolette Daniels; Elefant, Cochavit; Bauer-Rusek, Sofia; Arnon, Shmuel.

Effects of live music therapy on autonomic stability in preterm infants: A cluster-randomized controlled trial. *Children* 2021; Volume 8. (11) p. 1-14
NORCE (1)

Krøger, Viggo; Høiseth, Thomas; Torstuen, Elisabeth.

Muligheter og utfordringer i oppstartsfasen av et musikkterapeutisk tiltak på en nyoppstartet barnevernsinstitusjon – en kvalitativt eksplorerende studie. *Musikkterapi* 2021 p. 8-19
UiB (1)

Schmid, Wolfgang; Simpson, Fraser; DeNora, Tia; Ansdell, Gary.

Music therapy research during a pandemic: An accidental experiment in caring for music. *International Journal of Community Music* 2021; Volum 14. (2-3) s. 311-330
UiB (1)

Steinkopf, Heine; Nordanger, Dag; Stige, Brynjulf; Milde, Anne Marita.

Experiences of Becoming Emotionally Dysregulated. A Qualitative Study of Staff in Youth Residential Care. *Child & Youth Services* 2021 p. 1-20
OSLOMET HAUKELAND UiB NORCE (1)

Krøier, Julie K; Stige, Brynjulf; Ridder, Hanne Mette.

Non-Verbal Interactions between Music Therapists and Persons with Dementia. A Qualitative Phenomenological and Arts-Based Inquiry. *Music Therapy Perspectives* 2021; Volume 39. (2) p. 162-171
UiB (1)

Tuastad, Lars.

Plassert ved sida av Rolling Stones - ein studie om Harald og musikkoppfølgingstilbodet B15.. *Tidsskrift for*

psykisk helsearbeid 2021 p. 295-306
UiB (1)

Ullsten, Alexandra; Polkki, Tarja; Ghetti, Claire.

Parents as nurturing resources: A family integrated approach to music therapy for neonatal procedural support. *Music and Medicine* 2021; Volume 13. (2) p. 99-111
UiB (1)

Academic literature review

Gassner, Lucia; Geretsegger, Monika; Mayer-Ferbas, Julia.

Effectiveness of music therapy for autism spectrum disorder, dementia, depression, insomnia and schizophrenia: Update of systematic reviews. *European Journal of Public Health* 2021
NORCE

Reader opinion piece

Gold, Christian.

Unclear conclusions on SARS-CoV-2 elimination versus mitigation. *The Lancet* 2021
UiB NORCE

Gold, Christian; Bieleninik, Lucja.

What is «standard care» for children with autism spectrum disorder? Findings from a large international study. The Scientific Meeting for Autism Spectrum Conditions (WTAS) Online Conference; 2021-03-03 - 2021-03-05
NORCE UiB

Editorials

Geretsegger, Monika.

Behind the scenes: About hidden support to reach one's audience. *Nordic journal of music therapy* 2021
NORCE

Interview

Krüger, Viggo.

The Cure og Waterboys har hjulpet Viggo (49) gjennom pandemien. *Universitetet i Bergen, Pandemisenteret*.
Article on uib.no 2021-01-18
UiB

Artistic and museum-related presentation

Nordhus, Inger Hilde; Madsø, Kristine Gustavsen; Hynninen, Kia Minna; Melien, Ingvild Festervoll; Skagen, Margery Vibe; Stige, Brynjulf; Knardal, Solgunn; Barndon, Margareth; Klætte, Johan.

Fremdeles her - musikkterapi for mennesker som lever med demens. Interaktiv utendørs fotoutstilling og fagformidling. Insitutt for Klinisk Psykologi/Det psykologiske fakultet/NKS Olaviken Alderspsykiatriske sykehus; Torgallmenningen Bergen. 2021-09-21 - 2021-10-04
HVprivate UiB

Part of a book/report

Peer-reviewed book chapters

Stige, Brynjulf.

Artistic citizenship and the crafting of mutual musical care. I: *Music Education as Craft - Reframing theories and practice*. Heidelberg: Springer Nature 2021 ISBN 9783030677039. p. 89-104

UiB (1)

Part of a book/report – Encyclopedia article

Fitzthum, Elena; Mössler, Karin.

Wiener Schule der Musiktherapie. I: *Lexikon Musiktherapie.*: Hogrefe 2021 ISBN 978-3-8017-2836-6.

NORCE

Geretsegger, Monika.

Geschichte der Musiktherapie in Österreich [History of music therapy in Austria]. I: *Lexikon Musiktherapie.*: Hogrefe 2021 ISBN 978-3-8017-2836-6. p. 211-216

NORCE

Bergmann, Thomas; Geretsegger, Monika.

Autismus-Spektrum-Störung [Autism spectrum disorder]. I: *Lexikon Musiktherapie.*: Hogrefe 2021 ISBN 978-3-8017-2836-6. p. 57-62

NORCE

Presentations

Academic lectures

Baker, Felicity; Lee, Young-Eun Claire; Sousa, Tanara Vieira; Stretton-Smith, Phoebe A.; Clark, Imogen; Sveinsdottir, Vigdis; Geretsegger, Monika; Gold, Christian.

Music Interventions for Dementia and Depression in Elderly care (MIDDEL): The Australian part of an international cluster randomised controlled trial. Alzheimer's Association International Conference; 2021-07-26 - 2021-07-30

UiB NORCE

Gaden, Tora Söderström; Bieleninik, Lucja.

Family-centered music therapy for premature Infants and their caregivers during neonatal intensive care and beyond. 17th World Congress of the World Association for Infant Mental Health; 2021-06-23 - 2021-06-27

NORCE

Gaden, Tora Söderström; Ghetti, Claire; Kvestad, Ingrid; Bieleninik, Lucja; Stordal, Andreas Størksen; Assmus, Jörg; Arnon, Shmuel; Gold, Christian.

Short-term Music Therapy for Premature Infants and their Parents: Results from international randomized trial LongSTEP. 4th Congress of joint European Neonatal Societies; 2021-09-14 - 2021-09-18

NORCE HAUKELAND UiB

Geretsegger, Monika.

Effectiveness of music therapy in autism. Music Care Conference - The Power of Music: Innovations in Care; 2021-03-16 - 2021-03-18

NORCE

Gold, Christian; Bieleninik, Lucja.

What is «standard care» for children with autism spectrum disorder? Findings from a large international study. The Scientific Meeting for Autism Spectrum Conditions (WTAS) Online Conference; 2021-03-03 - 2021-03-05

NORCE UiB

Gilbertson, Simon; Ikuno, Rika; Miyake, Hiroko; Fuse, Yoko; Ito, Takako.

How can we nurture the “seeds of research” we encounter in the clinical field: Report and discussion from the dialogue group for studying musical- clinical- practices. 21st Annual Conference of the Japanese Music Therapy Association; 2021-10-04 - 2021-10-04

UiB

Krüger, Viggo.

Lærerenes dag. Lærerenes dag; 2021-01-29 - 2021-01-29

UiB

Krüger, Viggo.

Music as a Resource to Promote Children and Young People's Participation in Society. Inclusive University for Children; 2021-11-17 - 2021-11-17

NORCE UiB

Krüger, Viggo.

Music therapy and human rights, perspectives from research and practice. 17th Brazilian music therapy symposium; 2021-11-07 - 2021-11-07

UiB

Krüger, Viggo.

Music therapy in child welfare. Barnevernfrokost; 2021-06-23 - 2021-06-23

UiB

Krüger, Viggo.

Music therapy in social work for unaccompanied refugee minors – a Norwegian case example. Music, Health, Policy; 2021-11-25 - 2021-11-25

UiB

Krüger, Viggo.

Public health and participation; an example from a child welfare setting. Nordic seminar on Music & Public Health; 2021-11-05 - 2021-11-05

UiB

Krüger, Viggo; Einarsen, Ole Kristian.

Musikkterapi i arbeid med enslige mindreårige flyktninger. HEMIL forskningsdag; 2021-12-03 - 2021-12-03

UiB NORCE

Krüger, Viggo; Hvidsten, Bente.

Et utviklingsøkologisk perspektiv på hvordan musikk kan brukes i forebyggende arbeid for elever på ungdomstrinnet. HVL; 2021-03-22 - 2021-03-22

HVL UiB

Krüger, Viggo; Wilhelmsen, Christine.

Music therapy for adolescents in a child welfare setting - a qualitative interview study. Polyfon konferanse; 2021-11-09 - 2021-11-09

UiB

Baker, Felicity; Lee, Young-Eun Claire; Sousa, Tanara Vieira; Stretton-Smith, Phoebe A.; Clark, Imogen; Sveinsdottir, Vigdis; Geretsegger, Monika; Gold, Christian.

Music Interventions for Dementia and Depression in Elderly care (MIDDEL): The Australian part of an international cluster randomised controlled trial. Alzheimer's Association International Conference; 2021-07-26 - 2021-07-30

UiB NORCE

Lectures

Krüger, Viggo.

Drabantbyen, bedre enn sitt rykte? Bydelssamtale; 2021-10-19 - 2021-10-19
UiB

Krüger, Viggo; Einarsen, Ole Kristian.

Play Ground - Digital Lecture - Community Music therapy in child welfare work. Webinar; 2021-05-05 - 2021-05-05
UiB

Film & Sound

Gilbertson, Simon.

Steps towards self-criticality: On access, inclusion and the inevitability of exclusion.
UiB

Krüger, Viggo.

[Spotlight session 4](#): Innovation in Music Therapy Practice. WFT movies 2021
UiB

Poster

Gassner, Lucia; Geretsegger, Monika; Mayer-Ferbas, Julia.

Effectiveness of music therapy for autism spectrum disorder, dementia, depression, insomnia and schizophrenia: Update of systematic reviews. 22. Jahrestagung des EbM-Netzwerks "Who cares? – EbM und Transformation im Gesundheitswesen"; 2021-02-24 - 2021-02-26
NORCE

Krüger, Viggo; Stige, Brynjulf; Kathleen, Myrphy; Pomerselig, Noah; Washington-Guillemet, Rhe.

Community Music Therapy in the United States: A Qualitative Inquiry. AMTA conference; 2021-10-14 - 2021-10-17
UiB

Schmid, Wolfgang; Schaufel, Margrethe Aase; Andresen, Vilde; Låstad, Tarjei; Sigurdardottir, Katrin Rut; Assmus, Jörg.

"Det var 15 minutter uten smerter" - en pilotstudie om implementering av musikkterapi for mennesker med uhelbredelig lungesykdom. Polyfon Konferanse; 2021-11-09
HAUKELAND UiB

Brochure

Skagen, Margery Vibe; Helle-Valle, Anna; Santos Herberg, Lillian; Santos Herberg, Monica; Lygren, Solveig Helene.

Festivalkatalog: Siste kapittel - en festival for aldring.
UiB

Helle-Valle, Anna; Skagen, Margery Vibe; Halstead, Jill.

Siste kapittel. [UiB: Festivalnettside](#)

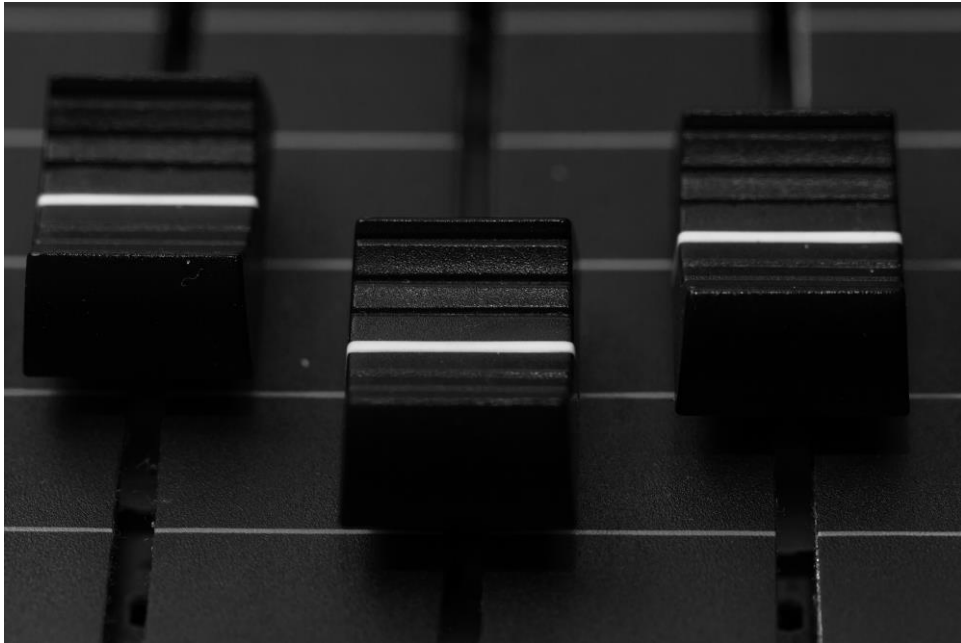


Photo: Rune Solberg

Appendix 4 – GAMUT in the Media

A list of selected presentations about GAMUT in newspapers and other media in 2020 (non-Norwegian print editions and non-Norwegian subscription papers are not covered). Dates are entered DD.MM.YYYY.

Musikk fra ungdomstiden kan hjelpe i coronatider.

NRK Vestlandsrevyen [tv] – 14.01.2021. Intervju med Viggo Krüger om bruk av musikk under koronapandemien.

Kan musikk erstatte medisiner i behandlinga av demens og depresjon? Det skal eit europeisk forskningsprosjekt finne ut av.

NRK Vestland [TV] – 10.02.2021. TV-sending om MIDDEL-prosjektet med musikkterapeut Øystein Salhus og beboere ved Kulatoppen omsorgssenter i Kinn kommune.

Det er ikke bare de med absolutt gehør som har bedre hjerner. Det gjelder alle musikere.

Forskning.no [internett] – 23.02.2021. Artikkel om musikkens virkning på hjernen, med intervju med Viggo Krüger.

GAMUT colleges Brynjulf Stige and Viggo Krüger are interviewed for new Routledge book on Child Agency and Voice in Therapy

*GAMUT nyhetssak – 30.03.2021. Artikkel om intervjuet med Brynjulf Stige og Viggo Krüger i forskningsartikkelen «Opinions of worth: the art of researching child client views about their therapy», i boken *Child Agency and voice in therapy. New ways of working in the arts therapies* (Routledge, 2021).*

Ny forskningsstudie: Musikk demper korona-fortvilelsen best

Aftenposten – 18.05.2021. Om musikk som selvhjelp i krisetid, intervju med Viggo Krüger.

Hvordan påvirker musikk oss?

NRK P3 [radio] – 18.05.2021. “Hva gjør musikken med oss”, med intervju med Viggo Krüger.



GAMUT social event December 2021, Photo: Viggo Krüger

Alle ønsker å leve lenge, men ingen vil bli gammel

På høyden – 15.06.2021. Artikkel om aldringsforskning og festivalen [Siste kapittel](#), med Margery Vibe Skagen (Institutt for fremmedspråk, UiB) og Jill Halstead.

Autismus – Mit Musik die Kommunikation stärken [Autism – Enhancing communication through music]
[science@ORF.at/nettside](#) til *Austrian Broadcasting Corporation* – 12.08.2021. Intervju med Christian Gold, prosjektleder for “Music for Autism”.

Jakten på popstjernerdrømmen.

NRK Norge Rundt [tv] – 15.10.2021. Intervju med Viggo Krüger om bruk av musikkterapi for unge med migrantbakgrunn.

Voices: A world Forum for Music Therapy Author Interviews: STALWART project report.

Youtube: Voices-kanal [tv] – 15.10.2021. Intervju med Viggo Krüger om STALWART-prosjektet.

Øystein har gledd dei eldre med musikk i eitt år: – Eg prøver å gi kvardagen deira eit løft.

Fjordenes tidende/Sunnmørsposten – 25.11.2021. Intervju med musikkterapeut Øystein Salhus, som er involvert I MIDDEL-prosjekt i Kinn kommune.